**Medical Re-Evaluation**

Patient Name: Peggy Bock

Dt. of Exam: 09/09/2019

1st Exam Dt.: 12/03/2018

**Procedures performed:**

12/15/18 - Caudal w/cath#1

2/23/19 - Caudal w/cath #2 and right PFI

3/18/19 - LTPI #1

**Chief Complaint:**

The patient complains of lower back pain that is 8/10, with 10 being the worst, which is sharp in nature. Lower back pain is associated with numbness and tingling Lower back pain is worsened with sitting, standing, lying down, movement activities and climbing stairs. The patient presents today for followup evaluation of low back pain and med refills. She is on a stable dose of medications to include Percocet 5/325 mg one tablet b.i.d. and would like refills for the same. She is still experiencing pain across her low back, but it is manageable/tolerable. She was given a prescription for TENS unit, but she never did the TENS unit. She attributes the pain to her age. She also states her right shoulder is bothering her over the past 2 weeks. She has decreased range of motion and experiences pain when she lifts her right shoulder. She denies any aggravating factors. She already has a back brace at home, states that it was uncomfortable.

**REVIEW OF SYSTEMS:**  The patient denies seizures, chest pain, shortness of breath, jaw pain, abdominal pain, fevers, night sweats, diarrhea, blood in urine, bowel/bladder incontinence, double vision, hearing loss, recent weight loss, episodic lightheadedness and rashes.

**PAST MEDICAL HISTORY:**  Arthritis.

**PAST SURGICAL / HOSPITALIZATION HISTORY:**  Back surgery.

**MEDICATIONS:**  Metoprolol 25 mg, tramadol 50 mg, Tylenol Arthritis.

**ALLERGIES:**  Demerol, morphine.

**Physical Examination:**

**Neurological Exam:** Patient is alert and cooperative and responding appropriately. Cranial nerves II-XII grossly intact.

**Deep Tendon Reflexes:** Are 2+ and equal.

**Sensory Examination:** .

**Manual Muscle Strength Testing:** Testing is 5/5 normal.

**Lumbar Spine Examination:** Lumbar spine examination reveals tenderness upon palpation atL1-S1 levels bilaterally with muscle spasm present. ROM is as follows: extension was 10 and is 10 degrees; forward flexion was 30 and is 30 degrees; right rotation was 10 and is 10 degrees; left rotation was 10 and is 10 degrees; right lateral flexion was 10 and is 10 degrees and left lateral flexion was 10 and is 10 degrees.

**GAIT:** Normal.

**Diagnostic Studies:**

12/4/2018 - X-rays of the lumbar spine: Vertebroplasty. Multilevel degenerative disc disease. Spondylolisthesis..

The above diagnostic studies were reviewed.

**Diagnosis:**

Lumbar Muscle sprain/strain.

Possible Lumbar disc herniation.

Possible Lumbar radiculopathy vs. entrapment syndrome vs. polyradiculopathy.

Sacroiliitis.

**Plan:**

Med refills provided today to include Percocet 5/325 mg one tablet bid prn pain dispense.

Encouraged to wear a back brace.

Request for right shoulder intraarticular injection which was performed today.

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**Medications:**

Percocet 5/325 mg one tablet bid prn pain dispense #60

**Follow-up:** 4 weeks.



Gurbir Johal, M.D.